

Returning to driving after a stroke or Transient Ischaemic Attack (TIA) - what happens next

A healthcare professional will ask you what type of driving licence you hold and will explain the rules about when you may be able to drive again

Car drivers/motorcyclists who have a stroke or TIA **must not** drive for at least a month. Bus/lorry drivers **must not** drive for at least a year

You will be given leaflets from the DVLA and the Stroke Association

The professional will be able to answer any questions you have



Depending on your licence type, a healthcare professional will carry out some assessments to see if you have recovered enough and are ready to drive again

This may happen around 3 weeks after your stroke or TIA, but could be later depending on your recovery. Sometimes it is better to wait longer



If the assessments show you **are** recovered enough to drive, then you can do so but **must** follow DVLA guidelines



If the assessments show you are **not** recovered enough to drive, the healthcare professional may:
Reassess you at a later date
or
Refer you to the NW Driving Assessment Service



The healthcare professional will send your GP a letter with the results of their assessment and can provide further advice if needed

More information: www.stroke.org/resources/driving-after-stroke