

**Greater Manchester  
Motor Neurone Disease Patient Toolkit**

## 5 MND Association Resources for Patients

The following resources below have been developed to support people living with MND, their families , and carers. They provide guidance on managing symptoms, accessing help, finding reliable information, and improving quality of life while living with MND. You can access these resources by clicking on the links or scanning the QR code below:



<https://www.mndassociation.org/support-and-information>

### 5.1 MND Association Services

#### **MND Connect Helpline**

A dedicated helpline offering information and support to people affected by MND.

#### **Benefits Advice Service**

Guidance on accessing financial support and navigating the benefits system.

#### **Equipment Loan**

Provision of essential equipment to assist with daily living.

#### **Financial Support Grant**

Grants to help alleviate the financial impact of MND.

#### **Communication Aids Service**

Support with communication devices for those experiencing speech difficulties.

#### **Free Will Writing Services**

Assistance with creating or updating wills.

#### **Care Centres and Community Services**

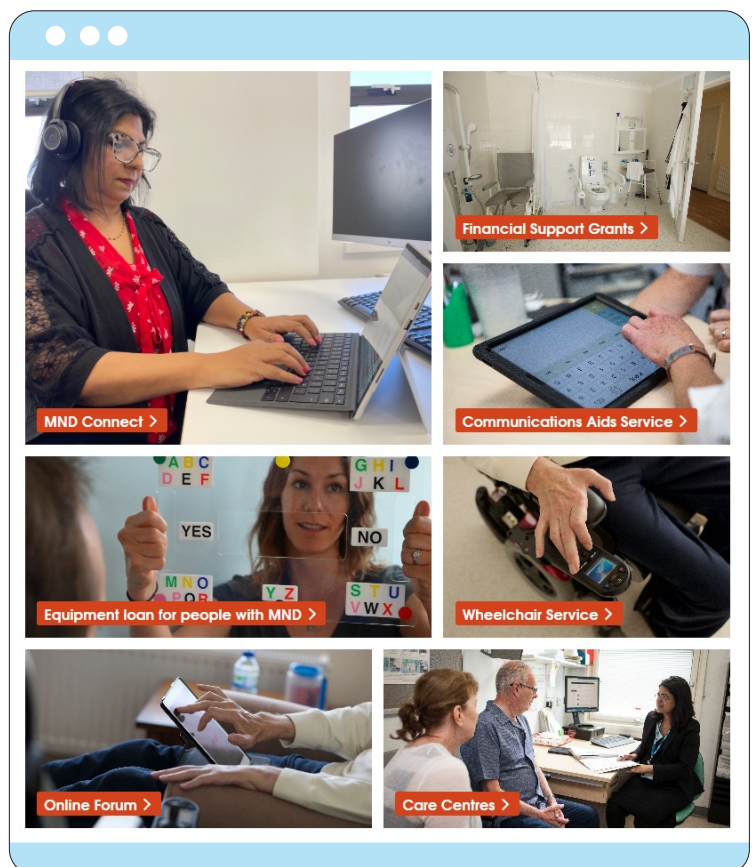
Access to specialist care centres and local support services.

#### **Wheelchair Support Service**

Guidance and provision of suitable wheelchairs.

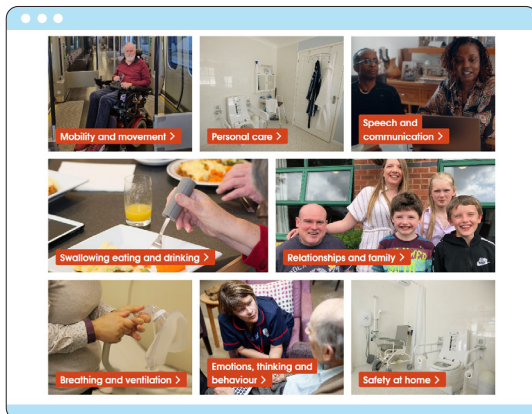
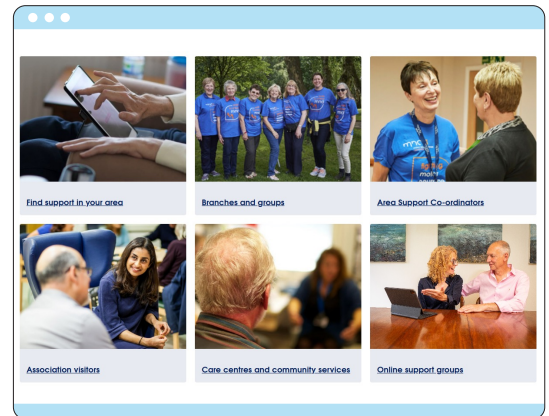
#### **Online Forum**

A platform for connecting with others affected by MND.



## 5.2 Local Support

Information on a variety of options for accessing local support including a directory of local branches, groups offering support and how to contact local Community Support Coordinators and Association Visitors.



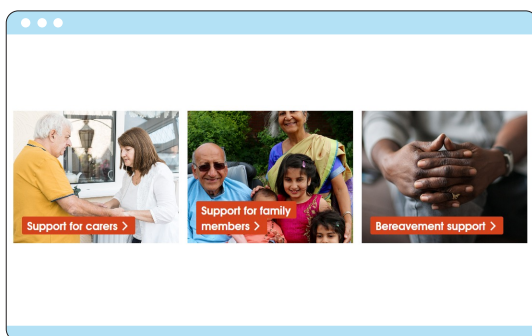
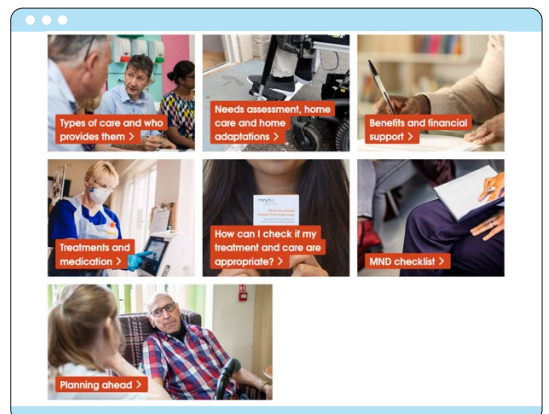
## 5.3 Living with MND

Information on managing mobility, personal care, communication, nutrition, relationships, emotions, breathing, and home safety.



## 5.4 Health and Social Care

Guidance on accessing healthcare services, understanding treatments, planning for the future, and navigating the health and social care system.



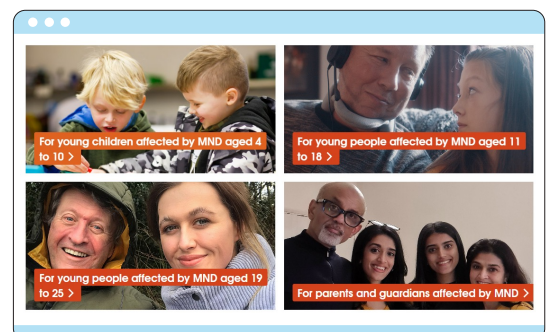
## 5.5 Carers

Support resources for carers, including information tailored for family members and bereavement support.



## 5.6 Support for Families with Children

Resources to help families explain MND to children, including guides and activity books designed to support young people in understanding and coping with a loved one's diagnosis.



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