Alcohol and Drug Misuse After a Brain Injury



May cause the following problems:

Increase the risk of having a further brain injury

Cause low mood, anxiety or anger

Increase the chance of having a seizure

Impact relationships Interfere with prescribed medications

> Lowers tolerance

Affect ability to work or drive

Lengthen recovery and rehabilitation

Make symptoms of brain injury worse for example:

- Affect judgement and reasoning, which can lead to risk taking
- Slow down reactions
- Alter sense of balance and co-ordination, and increase risk of falling
- Impair vision, hearing and speaking
- Cause drowsiness and lower energy levels
- Affect concentration, memory, thinking skills and decision making

If you would like additional support and advice, talk to a healthcare professional

