

**Not just a funny turn**

Your doctor or health professional thinks you may have had a **TIA**

(**Transient Ischaemic Attack or mini stroke)**

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This is a type of stroke that **gets better within 24 hours**

There is more information on page 3

You may have had some of these **symptoms**

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|  | weak arm or leg  |  | drooping face  |  | strange vision  |
|  | difficulty thinking of words, speaking and understanding other people |  | difficulty with your balance |



Your doctor or health professional has **referred you to a stroke specialist for tests.**

The specialist will talk about **why**  you had your symptoms,

 and how to **reduce your risk** of it happening again

**There are some things you must do now**

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|  | **Take aspirin** if you have been given it You may be told to take aspirin or another drug if you are **allergic**  to aspirin You **must** take this until you go to the clinic **Carry on taking any medicine**  you already take to reduce your risk of heart disease  |
|   | **Do not drive**  at the moment The specialist will give you advice on driving when you see them  |
|   | **Watch out for symptoms** of a full stroke There is information to help on page 4  |
|   | If your **symptoms do come back**, or you have other symptoms of a stroke **call 999 immediately** |
|     | **Go to your appointment**  at the TIA clinicWithout any treatment 1 in 8 people will have a full stroke after their TIARing if you have a question about your appointment at the clinic 0161 206 7209 We are open seven days a week between 9-1pm |

**What is a Transient Ischaemic Attack?**

**(TIA or mini stroke)**

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| The **brain**  controls **everything we do -**  |
|  | **movement****emotions****communication****thinking**  |
| The **brain needs** **blood****Blood**  keeps the **brain working**  |
| C:\Users\SRN\Dropbox\Artwork Stroke\Consent Form Artwork\1 Hospital.jpg | The **blood supply** can **stop**Then the brain is **damaged** This can happen **suddenly** This is called **a stroke** |

For some people the **signs of a stroke go away** within 1 day (24 hours )



This mini stroke is called a **Transient Ischemic Attack**  or  **TIA**

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| --- | --- |
| attention%20clipart | A TIA can be a warning sign of a full stroke |
| So…although your symptoms have gone you need urgent helpYou may be **at risk** of a full stroke… even while you are waiting to see the specialist |
|  | **Watch out for any symptoms** Use the FAST test (below) to help Sometimes there are symptoms that look like stroke but later turn out to be another medical problem **Ring 999**  and the healthcare experts will decide what to do |

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| The Face, Arm, Speech Test (FAST)…to help you recognise the symptoms of a stroke |
| **F** | **A** | **S** | **T** |
| **Face weakness** | **Arm weakness** | **Speech problems** | **Time**  |
| Can the person smile?  Has their mouth or eye dropped? | Can the person raise both arms equally? | Can the person speak clearly and understand what you say? | **…to call 999** |

For more information go to [www.stroke.org.uk/resources/transient-ischaemic-attack-tia](http://www.stroke.org.uk/resources/transient-ischaemic-attack-tia)

**Produced together with the Greater Manchester Stroke Operational Delivery Network**