

BIOS Orthoptic Stroke/Neuro-rehabilitation Care Pathway



BIOS | BRITISH AND IRISH
ORTHOPTIC SOCIETY

Referral to Orthoptist following vision screen or other medical referral.

No defect

Contact details supplied in written form to patient in case of future problems.

Patient discharged to high street optometrist.

Letter to patient, copy to GP, stroke consultant and referring healthcare professional.

Visual field defect

Advice regarding adaptation, DVLA and sight impairment registration.

BIOS leaflet given for visual field loss and management options discussed and initiated with BIOS leaflet for web-based therapy.

Follow up appointment with orthoptist for formal visual field test 4 weeks post-stroke (drivers especially).

Referral for registration and/or ECLO if defect persists at 3 months

Letter to patient, copy to GP, stroke consultant and referring professional.

Eye movement defect

Orthoptic management options discussed and initiated.

BIOS leaflet given for eye movement problems.

Follow up appointment with orthoptist 2-4 weeks.

Letter to patient, copy to GP, stroke consultant and referring healthcare professional.

Ongoing follow-up or onward referral as necessary.

Visual Perception problem

Advice regarding visual inattention, visual agnosia, hallucinations etc.

BIOS leaflet given for visual inattention and/or visual perception and treatment options discussed and initiated if appropriate along with BIOS leaflet for web-based therapy.

Joint assessments with MDT as required.

Letter to patient, copy to GP, stroke consultant and referring professional.

Ongoing follow-up or onward referral as necessary.

Reduced visual acuity

Referral to optometrist as soon as possible

Referral to Ophthalmology/Low Vision clinic/ECLO

BIOS leaflet given for reduced vision.

Letter to patient, copy to GP, stroke consultant and referring healthcare professional.

Existing eye disease

Ensure appointments up to date and ensure correct medication, visual aids etc. in use.

Letter to patient, copy to GP, stroke consultant and referring healthcare professional.

For follow-up advice regarding return to driving, see driving pathway.