**Resources**

[Greater Manchester Neurorehabilitation & Integrated Stroke Delivery Network](https://gmnisdn.org.uk/)

**Guidelines**

[RCP national clinical guideline for stroke (2016)](https://www.strokeaudit.org/SupportFiles/Documents/Guidelines/Profession-Specific-Guides/9-Primary-Care.aspx)

[RCP national clinical guideline for stroke – primary care concise version (2016)](https://www.strokeaudit.org/SupportFiles/Documents/Guidelines/Profession-Specific-Guides/9-Primary-Care.aspx)

[NICE guideline: Stroke and transient ischaemic attack in over 16s: diagnosis and initial management](https://www.nice.org.uk/guidance/ng128)

[NICE guideline: Stroke rehabilitation in adults](https://www.nice.org.uk/guidance/cg162)

**Session 1 - Understanding Stroke**

[National Stroke Audit's Annual Report](https://www.strokeaudit.org/Documents/National/Clinical/Apr2021Mar2022/Apr2021Mar2022-AnnualReport.aspx)

[Stroke Association State of the Nation Report](https://www.stroke.org.uk/what-is-stroke/stroke-statistics)

[NHS Choices - stroke](https://www.nhs.uk/conditions/stroke/)

[Stroke Association - What is stroke](https://www.stroke.org.uk/what-is-stroke/types-of-stroke)

[The Hidden Side of Stroke](https://gmnisdn.org.uk/wp-content/uploads/2022/07/The-Hidden-Side-of-Stroke-handbook-final.pdf)

[Stroke Association - Common problems after a stroke](https://www.stroke.org.uk/what-stroke/common-problems-after-stroke)

**Session 3 - Stroke care in hospital**

[NHS Choices - treatment of stroke](http://www.nhs.uk/Conditions/Stroke/Pages/treatment.aspx)

[NHS Choices - Transient Ischaemic Attack](https://www.nhs.uk/conditions/transient-ischaemic-attack-tia/)

[Greater Manchester TIA services](https://gmnisdn.org.uk/professionals/transient-ischaemic-attack-tia/)

[Preventing strokes and TIA](https://gmnisdn.org.uk/professionals/secondary-prevention/)

**Session 4 – Stroke care in community**

[Information of rehabilitation including returning to work and driving advice](https://gmnisdn.org.uk/professional-category/rehabilitation/)

[Voluntary sector services directory](https://gmnisdn.org.uk/patients-and-carers/voluntary-services-directory/)

[**BASIC**](https://www.basiccharity.org.uk/)

[Speakeasy](http://www.buryspeakeasy.org.uk/)

[**Stroke Association**](https://www.stroke.org.uk/) including [Stroke Recovery Service](https://www.stroke.org.uk/professionals/life-after-stroke-services/stroke-recovery-service) and [Stroke Association Connect](https://www.stroke.org.uk/professionals/stroke-association-connect)

[Think Ahead](https://www.think-ahead.org.uk/)

**Session 6 – Prevention of stroke**

[Atrial Fibrillation - Detect, Protect and Perfect initiative](https://aftoolkit.co.uk/)

[AF detection devices](https://aftoolkit.co.uk/detect-find-more/detection-devices/)

[Reviewing GP patient records for AF](https://aftoolkit.co.uk/detect-find-more/)

[British Heart Foundation: Atrial Fibrillation](https://www.bhf.org.uk/informationsupport/conditions/atrial-fibrillation)

[AF Association – Information for clinicians](https://heartrhythmalliance.org/aa/uk/)

[NICE guideline for management of AF](https://www.nice.org.uk/guidance/ng196/chapter/Recommendations#detection-and-diagnosis)

[CHA2DS-VASc](https://www.mdcalc.com/calc/801/cha2ds2-vasc-score-atrial-fibrillation-stroke-risk)

[BHF – BP how can we do better?](https://www.bhf.org.uk/healthcare-professionals/bp-how-can-we-do-better)

[BP measurement webinar](https://youtu.be/m6N0FTciKrk)

[BP management webinar](https://youtu.be/S5MNwTV1WPU)

[British Hypertension Society home BP monitoring protocol](https://bihsoc.org/wp-content/uploads/2017/09/Home_blood_pressure_monitoring_explained.pdf)

[Diabetes UK - Stroke](https://www.diabetes.org.uk/guide-to-diabetes/complications/stroke)

[Couch to 5k](http://www.nhs.uk/LiveWell/c25k/Pages/couch-to-5k.aspx)

[RunTogether](https://runtogether.co.uk/)

[Parkrun](http://parkrun.org.uk/)

Transport for Greater Manchester [walking](https://www.tfgm.com/walking) and [cycling](https://beeactive.tfgm.com/cycling/)pages

[GreaterSport](http://greatersport.co.uk/)

[NHS Better Health, Let's Do This Campaign](https://www.nhs.uk/oneyou#Zz4EyLoG4SKHmWBS.97)

[Stroke Association - What can I do to reduce my risks?](https://www.stroke.org.uk/what-is-stroke/what-can-i-do-to-reduce-my-risk)